

Whale and Dolphin Breath Chart

The following information shows the maximum time that the named cetaceans can stay submerged (underwater) and hold their breath.

Species	Maximum time
Harbour porpoise	5 mins
Bottlenose Dolphin	10 mins
Orca	15 mins
Fin Whale	20 mins
Humpback Whale	20 mins
Blue Whale	50 mins
Sperm Whale	140 mins